

THE PARISH CHURCH OF  
SAINT PAUL  
GRANGE-OVER-SANDS



**We will Remember**

November 2024

*£1*

## A New Beginning

You will be aware that over the past few months the decision was taken by the Bishop of Carlisle to disband the Cartmel Peninsula Team Ministry. The formal process has now been completed and the new Pastoral Scheme made by the Church Commissioners comes into effect from 1st September. St Paul's and the Fell Churches are now in the new **Benefice of Grange-over-Sands and Field Broughton with Lindale.**

Tel No

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### ST PAUL'S MISSION STATEMENT

Our mission is to **build confidence in Jesus Christ** in the **heart of the community** through **prayer, worship and learning, in joy and practical service** to the wider world.



#### *Normal services at The Parish Church*

Sundays - 11 am - Parish Service

Wednesdays - 10 am - Holy Communion

*and at The Fell Church, Grange-over-Sands*

9.30 am *Second Sunday - Matins (BCP)*

9.30 am *Fourth Sunday - Holy Communion (BCP)*



**\*\*Saints Days and Holy Days - See Notice Board/Pew Sheet\*\***

*Visit our website [www.grangepcc.co.uk](http://www.grangepcc.co.uk)*

*[www.facebook.com/StPaulsGoS](https://www.facebook.com/StPaulsGoS)*



## Love is.....

One of the most popular readings that we hear at Weddings is the famous passage from St. Paul's Letter to the Church in Corinth. Perhaps you'll recognise it? It contains these words:

“Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing but rejoices in the truth.”

It is sometimes said that this passage is part of an early Christian hymn celebrating Jesus and the way he reveals the love of God. The best way to understand this is to replace the word `Love` with the word `God`.

“God is patient; God is kind; God is not envious or boastful or arrogant or rude. God does not insist on His own way; He is not irritable or resentful; He does not rejoice in wrongdoing but rejoices in the truth.”

To do this would go a long way to changing some of the rather unfortunate and inaccurate pictures of God which many of us harbour.

However, the really interesting thing is to put your own name, or the letter `I` into this passage.

“I am patient; I am kind; I am not envious or boastful or arrogant or rude. I do not insist on my own way; I am not irritable or resentful; I do not rejoice in wrongdoing, but I rejoice in the truth.”

So, this passage can give us not only a truer understanding of what God is like, but it also helps us see how far this truth and his character has rubbed off on us. The point is not that we condemn ourselves but, for example, if being `irritable or resentful` is one of the things we inflict on others, then we take the opportunity to seek God's grace to live lives more worthy of him.

In the days when young men wore long hair the story is told of an old lady who saw some young men loitering on a street corner. As she passed them she said to one of them, “You look just like Jesus”. He looked rather impressed and smirked at his mates. However, his face changed when she added, “Now all you have to do is live like him”.

Every blessing,  
David

**FROM THE REGISTERS  
NOVEMBER 2024**

**BAPTISM ANNIVERSARIES**

Luca Blue Rocky Spendlove	27/11/2021
Tiger Alfred Barry Spendlove	27/11/2021

**FUNERALS**

Catherine Mary Hey	30/08/2024
Derek Paul Frobisher	21/10/2024

**YEAR'S MIND**

Margaret Wignall	26/11/2019
John Clayton Meadowcroft	26/11/2019
Doug Wigfall	11/11/2020
Ian Morgan	30/11/2020
Brian Gladwin	28/11/2020
Richard Fletcher	07/11/2021
Robert Garnett	16/11/2022
Dorothy Hemmerdinger	22/11/2023



***“In sure and certain hope  
of the resurrection to  
eternal life through our  
Lord Jesus Christ”***

*Deaths in the previous five years are included in the magazine,  
but each name in our remembrance book for the last 10 years is read out in the intercessions  
at St Paul's Sunday morning service.*

## Remembering our Loved Ones

He did not say:  
“Thou shalt not be tempted, thou shalt not be travailed,  
thou shalt not be afflicted”;  
but he said, “thou shalt not be overcome”.

*Julian of Norwich*



Our annual service of **Prayers for the Faithful Departed** will be in St Paul's on Sunday 3<sup>rd</sup> November at 4 pm. A special invitation is sent to those we know to have been bereaved in the past year but all are very welcome.

From the middle of October, there will be a book in Church for you to enter the name of anyone whose name you would like included in our prayers on the day; and there will be an opportunity to light a candle in their memory.

Refreshments will be served afterwards.

## DATES FOR YOUR DIARY - NOVEMBER 2024

**Sunday, 3rd**

1 pm - **Solo Lunch** at the Newby Bridge Hotel

**Monday, 4th**

Children return to School

10.30 am - **Quaker Silent Witness** for Climate at Bird Cage, Kendal

**Wednesday, 6th**

11 am - **Meeting for those leading intercessions**

2.30 pm - **Cuppa & Cake**, St Paul's

**Thursday, 7th**

2 pm - **udith & Fiona talk with slides on Vietnam**. Refreshments afterwards

**Sunday, 10th**

**2 pm - Remembrance Civic Service at St Paul's**

**3.30 pm - Act of Remembrance & laying of wreaths** at War Memorial, Ornamental Gardens. Refreshments afterwards at Victoria Hall

**Monday, 11th**

**11 am - A short Service of Remembrance & 1 Minute Silence at Grange War Memorial**

**Tuesday, 12th**

11 am - **Organ & Piano Concert** by Charles Edmondson, St Paul's

**Wednesday, 13th**

12 noon - **Haverthwaite Lunch Club** (*please book, tel: 31338*)

7 pm - **PCC Meeting**, St Paul's

**Thursday, 14th**

2 pm - **Social Committee Meeting**, St Paul's

**Sunday, 17th**

12 noon - **Meeting of lesson readers**

**Wednesday, 20th**

12 noon - **Age UK Lunch**, Thornleigh Hotel (*£14 please book 01539 728118*)

**Sunday, 24th**

**1- 3 pm - Christmas Foodbank collection at St Charles RC Church**

3 pm - **Burneside Brass Band**, St Paul's

6 pm - **Taizé Service**, Methodist Church, Grange

**Wednesday, 27th**

11 am - **Pastoral Meeting**

**Thursday, 28th**

7 pm - **Bay Community Singers' rehearsal**, St Paul's

**Saturday, 30th**

10 am - **Christmas Fair** at St Paul's Church

**Christmas Tree Festival  
Opening Night  
Thursday 5th December at 7pm**



## Some ecumenical events and dates for your diary

- **Saturday, 30th November, from 9.30 am, A Quiet Morning for Advent** led by the Rev'd Sue Nicol in the Methodist Church
- **Sunday, 1st December, 3 pm, Advent Carol Service** at Boarbank Chapel— lessons and carols without a choir. It was agreed that any collection should be given to a children's hospice

**Quaker Silent Witness** - for climate justice at the Birdcage, Kendal Town Centre, first Monday of every month, until end of 2024. 10.30 am for 45 mins.  
Tel: Nick 015396 21715 (4th Nov & 9th Dec)

### SERVICES IN OUR CARE HOMES

Cartmel Peninsula Churches Together lead ecumenical worship each month.

- The **Old Vicarage, Allithwaite**, at 2:30 pm on the last Sunday of each month
- **Cartmel Grange** at 2:30 pm on the last Tuesday of each month

Do come to join in and help chat to the residents if you can. We sing 4 hymns (give or take one or two) with prayers, etc, which takes around 25 minutes, then stay to chat with the “congregation”.

Contact Revd David Edmondson ( [edmola11@yahoo.co.uk](mailto:edmola11@yahoo.co.uk) or 015395 36213 ) if you would like to help with or be at either of these services..... or just show up at the front door of the Care Home at 2:15 pm!

**SOLO LUNCH** - Our next lunch will be on **Sunday 3rd November** at the Newby Bridge Hotel, for their carvery. You can choose either 1, 2 or 3 courses. The cost will be £16.95, £23.95 or £28.95. I do hope you can join us - lifts are available as usual.

### ENERGY BILLS

If you are looking for help with your energy bills, free advice is available for the over 60's from [www.cosyhomes.org.uk](http://www.cosyhomes.org.uk)

tel 01768216

Grants are available

**SERVICES AT ST PAUL'S, ST PETER'S & THE FELL CHURCH  
NOVEMBER 2024**

**SUNDAY, 3RD NOVEMBER - ALL SAINTS**

**9.30 am - St Peter's Church, Field Broughton**

Holy Communion BCP - Rev'd David Wilmot

**11 am - St Paul's Church, Grange**

Holy Communion CW - Rev'd David Wilmot

**4 pm - St Paul's Church, Grange**

**All Souls Service** - Rev'd David Wilmot & Rev'd Annette Miller

**WEDNESDAY, 6th November**

10 am - Holy Communion - Rev'd David Wilmot

**SUNDAY, 10TH NOVEMBER - REMEMBRANCE SUNDAY**

**9.30 am - St Peter's Church, Field Broughton**

**Remembrance Service**

Holy Communion CW - Rev'd Annette Miller

**11 am - Act of Remembrance at Lindale Cenotaph**

**10.50 am - St Paul's Church, Grange**

Holy Communion CW - Rev'd David Wilmot

**2 pm - Grange Civic Service - St Paul's Church,  
Grange**

Rev'd David Wilmot & Rev'd Annette Miller



**WEDNESDAY, 13th November**

10 am - Holy Communion - Rev'd Annette Miller

**SUNDAY, 17TH NOVEMBER - SECOND BEFORE ADVENT**

**9.30 am - St Peter's Church, Field Broughton**

Holy Communion CW - Rev'd Annette Miller

**11 am - St Paul's Church, Grange**

Sunday Celebration - Mrs A Gorman & Rev'd David Wilmot

**WEDNESDAY, 20th November**

Joint Holy Communion with Methodists at St Paul's Church, Grange  
Rev'd David Wilmot

**SUNDAY, 24TH NOVEMBER - CHRIST THE KING**

**9.30 am - St Peter's Church, Field Broughton**

Mattins BCP - Bidy Hibbert

**9.30 am - The Fell Church, Grange**

Holy Communion BCP - Rev'd Annette Miller

**11 am - St Paul's Church, Grange**

Holy Communion - Rev'd David Wilmot

**WEDNESDAY, 27th November**

10 am - Holy Communion - Rev'd David Wilmot

## THE STORY OF THE UNKNOWN WARRIOR

The Reverend David Railton, a chaplain at the Front, is believed to have had the idea of honouring the unidentified dead of the Great War. In 1916 he noticed a grave in a garden in Armentieres which had a rough cross bearing the words: 'An Unknown British Soldier'. After the War, in 1920, he suggested that Britain honour its unknown war dead officially.

Between four and six bodies were exhumed from the main British battle areas in France - the Aisne, the Somme, Arras and Ypres. The remains were covered with a Union Jack and left overnight in a chapel at St Pol. Brigadier-General L J Wyatt, who was the commander of British troops in France and Flanders, then selected one. Placed in a coffin made of oak from Hampton Court, the body was transported to Dover on the destroyer HMS Verdun. The remaining bodies were buried in St Pol.

On the morning of November 11th, the second anniversary of Armistice Day, the Unknown Warrior was drawn on a gun carriage in a procession to the cenotaph where King George V placed a wreath on the coffin. At 11 am the nation observed the Two-Minute Silence and then the body was taken to Westminster Abbey and buried at the west end of the nave.

The grave contains soil from France and it is covered by a slab of black Belgian marble. Inscribed upon the marble are these words from the Bible:

‘ *They buried him among the Kings because he had done good toward God and toward his house.*’ (2 Chronicles 24: 16)

Within the first week, 1,250,000 people filed past the Unknown Warrior to pay their respects to all the unidentified war dead. It is now one of the most visited war graves in the world and is the only part of the Abbey floor that is never walked on.

It has become the custom for the bouquets of all Royal brides to be placed here.





# The Soldier

By Rupert Brooke

If I should die, think only this of me:  
That there's some corner of a foreign field  
That is for ever England. There shall be  
In that rich earth a richer dust concealed;  
A dust whom England bore, shaped, made aware,  
Gave, once, her flowers to love, her ways to roam,  
A body of England's, breathing English air,  
Washed by the rivers, blest by suns of home.

And think, this heart, all evil shed away,  
A pulse in the eternal mind, no less  
Gives somewhere back the thoughts by England given;  
Her sights and sounds; dreams happy as her day;  
And laughter, learnt of friends; and gentleness,  
In hearts at peace, under an English heaven.



## FUN AND FRIENDSHIP

I spent an exciting hour at the Fun and Friendship after-school activity session at Grange Primary School on Tuesday, 8th October. The theme was 'The Five Senses' and the activities had a distinct autumn feel. We began with the song 'My Lighthouse'. The children managed both the actions and the singing, which was more than I could do. Annette gave us a lovely little talk before we all separated into activity tables on the theme of the senses.

All of the children worked on each of the activities in turn, so they all went home with bags brimming with their craft work: leaf artwork, shakers, and more importantly, their decorated gingerbread men. I was glad to see that some of the children followed my own philosophy of the more icing you put on the biscuit then the more icing you get to eat later. The session was busy and fun. The children were charming and entertaining.

Finally, we closed with a group discussion and prayers. Annette gave a thought-provoking talk which engaged the children, and she brought a candle to light.

The activities were well organised by Gill - I swear she said she buys her craft supplies on her holidays. There were lots of helpers, so that none of us were overwhelmed and the time flew joyously by. I'd like to give a special thank you to Fiona, who cleared up all the tiny seeds we had spilt within seconds of us finishing - where were you hiding that brush and shovel? We were made incredibly welcome by all of the school staff. And I walked home, happily humming 'My Lighthouse' to myself (without the actions) and grinning like the Cheshire Cat.

There's only one thing more to say - please can I come again?

Dorothy Black



## **ANNUAL PRIMARY SCHOOLS DAY AT THE PRIORY**

On 1st October the annual Cartmel Peninsula Primary Schools Day took place in the Priory Church. As usual this was organised and led by Jenny Leahy, with assistance from Andrea and Chris, the local youth leaders, and a large number of adult helpers from many of the local churches. The theme of the day revolved around "The Good Shepherd" and roughly 130 children from years five and six attended.

The different workshops included an outside treasure hunt, games, craftwork activities, drama, singing, and prayer understanding. The children were welcomed by the Rev'd Nick Devenish and after all the six different workshops had been concluded, the Rev'ds Mark Houston and Jo Rand brought everybody together in the Priory for a short service of worship.

Colin

### **A note of thanks from Jenny**

Thank you so much for your prayers and support. The Lord blessed us with good weather which meant it was possible to be outside some of the time.

We had just over 130 children from our six Primary schools and we spent the day looking at Psalm 23 in different ways, including prayer, drama, craft, games and singing.

One activity was to find various bible verses hidden around the grounds and to say how they would give hope even in the darkest of times. The following page shows some of their responses which I find really encouraging. Do read them!

It was great to have a team of 30 from different churches to make the day run smoothly - a big thank you to all who helped.



## Written comments from pupils about the outdoor activity with Scripture

### **The Lord is my Shepherd**

He will guide me and take care of me  
If you are lost you will be guided by God

### **Be still and know that I am God**

Stay still in the dark and shine a light

God is still here

God is real

Be quiet and listen to me because I'm God

Helps us to be calm

God is here for you

He will never let us down

### **We love because God first loved us**

Carry God's love to others

God's heart loves everyone

God really loves us

God leads an example

Give back what God has done

Love is because of God

### **Do not be afraid for God is with you**

God's protecting you

God has got your back

Good to know God is with us

You will be loved in the darkest times

If you are by yourself and sad God will be with you all the way

We have nothing to fear with God watching over us

### **Trust in the Lord with all your heart**

He is trustworthy

Trust the Lord, he won't turn on you

God's at your side

The Lord trusts us with all his heart

He is the trusted one

### **May the Lord bless you and keep you**

He will always be on your side

He'll Hello you

We will stay with God

God likes you

You are awesome

Keeping you safe and to always be kept company in dark times

### **In every season God is faithful**

He will look after us in any weather

He always believes in you

God won't give up

God has hope in you

God believes in us

### **I thank my God upon every remembrance of you**

We should remember God

No one will forget you

Everyone is remembered

Thank you for all we have

God helps you remember those you love and helps you remember him

### **The joy of the Lord is my strength**

God made us happy

You make him happy

Joy is the key to life

The fun of love

### **Nothing can separate us from God's love**

When we pass away God's love is still with us

Love is powerful

God's love is unavoidable

He loves us so much

We are all part of God

God will always forgive you

Love is unbreakable from God

### **This is the day that the Lord has made**

Every day is a good day for someone

God keeps the day alive

God is the reason you're alive

Today is special

Every day belongs to God

### **Glorify to God in the highest**

Always aim for the highest

Celebrate the Lord

Everyone's special – God thinks so

Remember to praise

God will be here for the highs and the lows

God is the best

## A VISIT FROM ACROSS THE BAY

On 11th October roughly 25 "junior class age" children from Beetham Church of England Primary School came to Grange to have a look at all the five places of worship within our town. The photograph shows them looking around Grange Fell Church at the start of their visit, and learning about its heritage.



Their head teacher Mrs Abi Johnson accompanied them - readers may recall that before becoming to Beetham she was a class teacher at Grange School for many years. The children were very responsive and showed a great deal of interest in what they saw and learned, before their next stop which was to look around St Paul's Church and then on to the other churches in the town.

In the afternoon, they all visited the promenade and saw what developments are taking place at the old bathing pool. Oh, and yes...I think you might recognise someone else in the photo who came with them from Beetham!

### Can you help with decorations for St Paul's Christmas Tree?

This year our church tree will be decorated all in white (possibly + silver and gold) to stand out from the coloured lights on the other trees in our Festival. We are looking for Christian symbols, eg cross, crown, star, lamb, alpha, omega, fish, butterfly, chalice, dove, shell, angel, rose. These can be made out of paper, felt, etc, or knitted,/crocheted, but all should be white!

Below is a pattern for a **Star**, if you would like to get your needles out!

With 3¼ mm needles and white wool, cast on 10 sts.

1st row: K to end.

2nd row : K into front and back of first st, k to last 2 sts, k2tog - 10 sts.

3rd to 12th rows: Repeat last 2 rows, 5 times more - 10 sts.

13th row: K to end.

14th row: Cast off 9 sts - 1st on right-hand needle, do not turn, pick up and k 9 sts along side edge of last 13 rows worked - 10 sts.

Repeat last 14 rows, 4 times more, then work 1st to 13th rows again. Cast off.

Join cast-on and cast-off edge to form the star shape. Gather in and secure centre to close hole.

Make a twisted cord approximately 20 cm long. Sew centre of cord to one tip of star. Knot ends of cord together to secure, then trim ends, leaving a small tassel.

## THIRTIETH ANNIVERSARY OF THE ORDINATION OF WOMEN TO THE PRIESTHOOD

On Saturday 21<sup>st</sup> September Annette and I travelled to Carlisle for a special Service of Celebration in the Cathedral. There was a good gathering of robed clergy, mainly women, with others in the congregation, together with family and supporters. The President at the Eucharist was Revd Canon Angela Whittaker, Bishop's Advisor for Women's Ministry, who introduced the Service and welcomed us all to the Cathedral. The Deacon at the Eucharist was the very Revd Jonathan Brewster, Dean of Carlisle, so we were especially pleased to see him.

After the first part of the Service Bishop Rob interviewed three women priests who were ordained 30 years ago, asking them to share their memories. The eldest remembered when she was one of the first women to be ordained deacon in 1978. She spoke of the long struggle, prayers and holding on to reach that point, and then the continuing struggle for women eventually to be ordained priests in 1994. It was very humbling and inspiring to hear of their faithfulness. There was much applause and a few tears.

The theme of being called but facing obstacles to ordination was a common thread experienced by many of us too, but also the need to be sensitive to those opposed to the ordination of women. The Ven Ruth Newton, the newly installed Archdeacon of Carlisle, spoke of this in her sermon. Gratitude was her central theme: gratitude for God's creation, for her Christian upbringing, the support of family and friends, the privilege, joys and fulfilment of serving as a priest, and gratitude for those early women who had smoothed the path to ordination for all who have followed.

It was a very moving, thought-provoking and joyous service reviving many memories, and certainly there was a great raising of voices for the hymn :

"I the Lord of sea and sky  
I have heard my peoples cry ... whom shall I send ?"

"Here I am Lord, it is I Lord  
I have heard You calling in the night.  
I will go Lord, if You lead me  
I will hold your people in my heart."

A response shared by all lay and ordained people called to serve God in his Church.

Before pronouncing the final Blessing Bishop Rob, Acting Bishop of Carlisle, movingly expressed his thanks to all the women ministers who support him in the ministry of the Church in our Diocese.

Following a group photograph in the sunshine outside the Cathedral there were refreshments inside and the opportunity to meet up with colleagues, some of whom we had shared training with or



known in different places over the years. It was especially good to be able to chat with Jonathan who asked us to convey his good wishes to us at St Paul's and the Fell. It was a very special and memorable day and we were so glad we were able to be part of it.

Revd Carole Ford



## **GIVING THANKS FOR YOUTH MINISTRY ON THE PENINSULA**

On Sunday, 29th September, St Paul's played host to a special service to give thanks and pray for youth ministry on the Cartmel Peninsula.

The church was full for the morning's Sunday Worship, when Christians from across the churches in the peninsula came together. The Vicar David welcomed everyone and led the service, while the Revd Mark Houston, Vicar of the new benefice of Allithwaite and Flookburgh, played some modern songs on his guitar and gave the address. He emphasised that though we might all come from different traditions we all worshipped the one God. Chris and Andrea Mason, our Youth Leaders, gave an update on their work in the local schools, and three youngsters read from St Paul's first letter to the Corinthians. The Revd Jo Rand from the Methodist Church led the prayers of intercession.



Everyone stayed on afterwards to enjoy refreshments and the opportunity for fellowship. A special plea was made for volunteers to support the various activities planned, and for donations to help keep the Churches Together Youth Trust financially afloat.

The service was recorded and is available on Youtube.

## PEAT NEWSLETTER FOR OCTOBER

### THE POWER OF IMAGINATION

What would the world be like without the of power imagination? Story telling down the centuries has created culture and identity the world over. For babies and children how important is play in how they learn and develop. What imagination did it take, for example, to build the pyramids, develop Einstein's theory of relativity, or closer to home who knew knitted barnacles can help stabilise salt marsh? In spite of all its troubles how important and long-lasting has the NHS been since its inception in 1948? The words of Martin Luther King '*I have a dream*', in the speech he made in 1963 on the steps of the Lincoln Memorial, still echo today.

All are the outcome of the power of imagination, the power of seeing things differently, better, creating a lasting legacy for the future. What might we imagine for our future? It's a generally held belief that most of us want to leave the world in a better position for the next generation, but given all that we know it's hard to see how that's going to happen.

Yet what a time it is to be alive, what a contribution we can make, if we choose. When future generations ask what did you do with your knowledge, what will we, or I answer? Joanna Macy an environmental activist, and writer of many books, talks about the Great Turning in response to the crises we face, and describes a process of a monumental shift in perspective and behaviour. It requires imagination beyond our current reality and, instead of seeing the challenges as what we might lose, she sees it as a chance to see what might be gained by creating a greener, fairer, future.

Rob Hopkins who started Transition Towns asks groups of people to imagine themselves into the future; what might their home, street, school, place of work be like. The video (<https://transitionnetwork.org/>) is very powerful, and all of it is already happening somewhere in the world. So it's not beyond our will and our powers of imagination. Where are the 'pockets of the future' on our doorstep? The community orchard, food planting and growing for community use, the Repair Café, supporting the circular economy, reuse, recycle, repair, Waste into Well Being in Kendal, doing what it says on the tin, and many more. At the recent Dark Skies event, Jack Ellerby made the powerful point that some things can be done immediately to make a real difference to our wildlife, our environment and people, by taking a few simple steps to reduce our light pollution.

Of course, these are tiny steps, but if we all use our power of imagination together how much more could we do? We are meeting with local councillors shortly to see what commitments and changes we can work on together to create a more positive, hopeful future on our peninsula; we will keep you updated. At PEAT we positively welcome your imagination, your ideas, and energy; get in touch we would love to hear from you. [peatmessages@gmail.com](mailto:peatmessages@gmail.com) *'Whatever you do, or dream you can do, begin it. Boldness has genius, power and magic in it.'* <sup>1</sup>*On that note congratulations to SLACC for their tenacity, and power of imagination in all the work they did with Friends of the Earth on Cumbrian coal mine campaign.*



## PEAT ACTIVITIES

- **Tuesday November 26th 7-9pm - Lower Holker Hall** We are delighted to have Matt Staniek talk about the **Save Windermere** campaign. Matt has just won the prestigious Tenacious Award 2024 for his work. Given the situation regarding the River Ea it will also be a chance to hear from him how he has been able to challenge United Utilities and the government about the pollution in our waterways
- **Repair Café - Fridays 1st November, 6th December** - in the Methodist Hall - we are hoping to make the November one a Christmas theme
- There will be a **Retrofit event** now in **January** in conjunction with CAFS - watch out for more explanation <https://cafs.org.uk/retrofit-made-easy/>

Annette Hennessy



### For the Beauty of the Earth

Last Saturday, people from across Cumbria gathered at Carlisle Cathedral to celebrate all the work being done to Tread Gently on God's Creation. Among them were Rosemary and Penny from St Paul's.

There were stalls with resources to help churches achieve an Eco Church award and Bishop Rob spoke of how "living out our call as Christians to be stewards of creation is not an add-on but is a priority as a command from our Lord and Saviour".

The Rev Canon Grace Thomas, Canon Missioner at Manchester Cathedral and the Diocese of Manchester's Environment Officer, also encouraged us to remember that, even when this work can feel overwhelming, small things can make a big difference, like the mustard seed in Matthew 13:31-32.

## WILD FLOWER MEADOW

This impressive list of species has been recorded in the Wild Flower Meadow at our Community orchard this Spring and Summer.

Betony *Betonica officinalis*  
Bramble *Rubus fruticosus* agg.  
Broad-leaved Willowherb *Epilobium montanum*  
Brown Bent *Agrostis capillaris*  
Bugle *Ajuga reptans*  
Bush Vetch *Vicia sepium*  
Cleavers *Galium palustre*  
Common Cat's Ear *Hypochoeris radicata*  
Common Knapweed *Centaurea nigra*  
Common Sorrel *Rumex acetosa*  
Creeping Buttercup *Ranunculus repens*  
Daisy *Bellis perennis*  
Dandelion *Taraxacum* agg.  
Fox-&-Cubs *Pilosella aurantiaca*  
Germander Speedwell *Veronica chamaedrys*  
Greater Bird's-foot Trefoil *Lotus pedunculatus*  
Hogweed *Heracleum sphondylium*  
Hop Trefoil *Trifolium campestre*  
Ladies Mantle *Alchemilla* sp.  
Lady Fern *Atthyrium filix-femina*  
Lady's-smock *Cardamine pratensis*  
Lesser Trefoil *Trifolium dubium*  
Marsh Bedstraw *Galium palustre*  
Meadow Buttercup *Ranunculus acris*  
Mouse Ear Chickweed *Cerastium fontanum*  
Ragwort *Senecio jacobaea*  
Red Clover *Trifolium pratense*  
Red Valerian *Centranthus ruber*  
Ribwort Plantain *Plantago lanceolata*  
Selfheal *Prunella vulgaris*  
White Clover *Trifolium repens*  
Wood Avens *Geum urbanum*  
Wood Dock *Rumex sanguineus*  
Sweet Vernal Grass *Anthoxanthum odoratum*  
Yellow Rattle *Rhinanthus minor*  
Yorkshire Fog *Holcus lanatus*



# Remember...

## *Remembrance Day*

**11am on 11th Nov 2024**

A short service and 1 Minute  
Silence at the War Memorial,  
Ornamental Gardens, Grange-  
over-Sands, LA11 6ED

## *Remembrance Sunday*

**Sunday 10th Nov 2024**

**2pm:**

### **The Civic Service of Remembrance**

St Paul's Parish Church,  
Crown Hill, LA11 6BD

Everyone is then invited to make  
their own way from the Church to  
the War Memorial

**3.30pm:**

### **Act of Remembrance with the laying of wreaths.**

Held at the War Memorial in the  
Ornamental Gardens  
LA11 6ED

**3.30pm: Refreshments**

Victoria Hall, Main Street  
LA11 6DP



Join The Royal British Legion,  
St Paul's Parish Church,  
Churches Together in Grange  
and Grange Town Council to  
remember the  
service men and women,  
service animals and  
civilians who lost their lives in  
war, and those still  
experiencing conflict.

## OCTOBER CONCERT

Charles's concert in October brought a variety of apparent contradictions in titles but a unanimity of pleasing melodies and tunes (as well as composers from the 18<sup>th</sup> to 21<sup>st</sup> centuries). He showed his virtuosity on both piano and organ.

After a merry beginning with a pleasing *Sonata in D* by Haydn, we had a brilliant performance of Theodore Dubois's *Fiat Lux (Let There be Light)* where the player is instructed to open with ppp (for *piano*, softly) and end with ffff (for *forte*, loudly, strongly). This latter instruction was not as furious, frenetic, fervent or frenzied as we may have expected but Charles's assistant, Joan, turned the pages and pulled on the stops with octopus-like reach, allied to metronomic precision, and the interpretation showed what our organ is capable of, whilst not letting things run out of control. It was explained to those attending as "a powerful and most brilliant succession of chords" – well defined and well played.

The remainder of the programme gave us interpretations of a *Fountain Melody* (Arthur Meale), Birth & Death, Sun & Moon, and a spirited Waltz and March, composed and arranged by Noel Rawsthorne whose ashes are interred in an organ pipe in Liverpool Cathedral – a fact which had a number of us looking afresh at our own organ pipes!

The Death piece – *Funeral March of a Marionette* – was by Charles Gounod and included the theme used by Hitchcock for a number of his TV and film creations. On a more cheerful note, Rawsthorne's *March* was an arrangement of *On Ikla Moor Babt'At*, an English folk song from 1805, originally a Methodist hymn tune known as *Cranbrook*, and a song dear to all Yorkshire men. The morning also included *Clair de Lune*, a neat Anglo-French pun from Malcolm Archer's *Lancaster Suite* – all equal on the Roses front and a toe-tapping end.

It was a pleasing and tuneful morning: our thanks go to Charles and Joan, and to our catering ladies who provided refreshments before the recital. We meet again on Tuesday, 12<sup>th</sup> November, and we hope for a large and appreciative audience. We are so fortunate to have such a talented musician playing for our church and augmenting our funds.

Mike Hill

**TUESDAY 12TH NOVEMBER - 11 AM**

**CHARLES EDMONDSON, PIANO & ORGAN**

This is the final concert and last in the twelfth series of "Mid-week Concerts" to be held at St Paul's Church. The first concert of the first season was held on 24th May 2013 and was a concert of piano duets and organ solos given by Avril Harding and Charles Edmondson. 54 more followed, all organised by Charles and, of those 54, today is the 50th in which he has performed. The concerts have included pianists, organists, a harpist, violinists, a trumpeter, flautists, an oboist, a clarinettist, a narrator, vocalists, a consort of ladies' voices, a Brass Band and, quite recently, the Sine Nomine Singers. As well as accompanying most of the visiting musicians in these concerts, Charles has performed nearly 150 solo pieces for the piano and 130 for the organ. He would like to offer sincere thanks to all those who have helped and supported him to make these concerts successful over the years. On Saturday 14th December at 2 pm., there will be

a celebratory concert entitled; A Seasonal Tapestry in Words and Music This will be given by Audrey Gorman (narrator). Charles, along with David Edmonds and Wendy Nicholas; will attempt to play with six hands on one piano! Not to be missed!!

*See page 29 for more details*

## HARVEST FESTIVAL

On the first Sunday in October St Paul's celebrated Harvest Festival. The church was full and it was good to have members from the Fell Church joining us for the special service.

Afterwards we gathered to enjoy our Harvest lunch. Once seated David led us in a special 'Harvest Samba', which we had sung with the Grange Primary School when they celebrated their harvest festival at St Paul's the previous Friday – a catchy version of a harvest grace.

Our first course was delicious, lasagne and salad from the Old School Kitchen, served to our places at table. The desserts were supplied by members of the congregation, and, as ever, the array was fantastic – trifles, pavlovas, bakewell tart, chocolate ring, apple pies, meringues. And all finished off with tea or coffee.



David had his first course with us and then, in true Vicar of Dibley style, hastened off to Field Broughton to lead their service – and have his dessert!

Thanks go to all who contributed in any way to this special – and happy – occasion.



## NEWS FROM THE DIOCESE

### An encouragement from Bishop Rob

Our Bishop wrote this week to clergy and church leaders, and his words of encouragement seem relevant to all of us:

"A colleague recently shared a piece by St John Chrysostom (born AD 347 in Syria - imagine having the nickname 'Golden Mouth' because of your eloquence!). In this, Chrysostom reflects on the challenges the church is facing in his day and reassures those to whom he is writing about the sure and certain hope that they have in Christ.

*The waters have risen and severe storms are upon us, but we do not fear drowning, for we stand firmly upon a rock. Let the sea rage, it cannot break the rock. Let the waves rise, they cannot sink the boat of Jesus. What are we to fear? Death? Life to me means Christ, and death is gain. Exile? The earth and its fullness belong to the Lord. The confiscation of goods? We brought nothing into this world, and we shall surely take nothing from it...I urge you, my friends, to have confidence.*

*Do you not hear the Lord saying: Where two or three are gathered in my name, there am I in their midst? Will he be absent, then, when so many people united in love are gathered together? I have his promise; I am surely not going to rely on my own strength! I have what he has written, that is my staff, my security, my peaceful harbour. Let the world be in upheaval. I hold to his promise and read his message; that is my protecting wall and garrison. What message? Know that I am with you always, until the end of the world! If Christ is with me, whom shall I fear? Though the waves and the sea and the anger of princes are roused against me, they are less to me than a spider's web.*

One of the many things I love about this piece is that the response to challenge and anxiety is not, firstly, activity and thinking about how to fix things or flee them. No, the response is firstly in faith - standing on faith in Christ the Rock. "Let the sea rage, it cannot break the rock."

### DIOCESAN INITIATIVES

**What: 'Is it You Lord?' A Quiet Day on Vocations**

**Where: St Lawrence's, Appleby-in-Westmorland**

**When: Saturday 23 November, 10.30am - 3.30pm**

Might God be calling you to something new? This day will provide time and space to listen for God's call, as well as the opportunity to talk about your sense of call with others.

**What: Fresh Expressions Day on the theme 'Deep Hope'**

**Where: Crooklands Hotel**

**When: Saturday 16 November**

A day celebrating creative mission in Cumbria and across the North.

## A DAY OF COLOURS AND SILK

Following her fascinating talk and demonstration earlier in the year on the art of painting on silk, Margaret Wilmot kindly offered to arrange a workshop for those of us who would like to have a go ourselves. So it was that on the last Saturday of September, nine enthusiastic learners gathered in St Paul's for a lovely day of playing with colours and silk.



Margaret began by showing us how to apply the paint (which could more accurately be described as dye) to the silk fabric with a brush, creating patches of different hues blending into one another. She explained that the dyes she uses have to be fixed by steaming the finished work: although dyes are available that can be fixed by simply ironing over the silk, the steam-fix dyes produce more vibrant colours, and do not affect the texture of the silk.

It was then our turn to try it for ourselves, and it was interesting to see the range of different colour combinations that everyone chose. For our second practice piece, we were shown how to experiment with sprinkling salt over the surface of the silk while the dye was still wet: this causes the dye to be drawn towards the salt crystals, creating interesting patterns depending on whether coarse or fine salt is used.

In the afternoon, Margaret demonstrated how to apply hot wax to the silk, using brushes and a special Javanese tool called a tjanting, in a technique similar to batik. The wax acts as a resist: this means that when the colour is subsequently applied, the areas of the silk that were covered by the wax remain undyed, leaving the fabric white. (The wax itself is ultimately removed when the piece is steamed.) We were also shown how, once the dye is dry—with the aid of a hairdryer on a cool setting so as not to melt the wax—the design can be built up by adding more wax and more dye.

This was followed by an opportunity to attempt this ourselves. As might be imagined, molten wax is not the easiest substance to control, and on the first go I managed to spill the wax all over my silk—not the effect I was aiming for! But, of course, it didn't matter as it was only a practice piece, and I managed to avoid making the same mistake with my fourth (and final) piece of silk.

At the end of the workshop, Margaret gathered up all of our masterpieces to be taken away and steamed. She explained that she doesn't put on many workshops because so much work goes into preparing them: it was easy to see that this was indeed the case, and we were privileged that she ran one especially for us.

*Prudence Dailey*



*Finished samples of our work !*



## CHRISTMAS FAIR ST PAUL'S

The arrangements are all in hand for **Saturday, 30th November**, when we shall be holding our annual Christmas Fair. All our usual stalls will be offering their goods for sale—books, bric-a-brac, cakes, tombola, cancer relief, and hopefully flower and craft, scarves and jewellery. The Café will be serving refreshments along with our popular bacon sandwiches.

Donations for any of the stalls are welcomed, and boxes will be available at the back of church. A particular plea is for goodies for our cake stalls & extra raffle prizes.

The raffle tickets are printed and will be available for sale to you, your family and neighbours!

We shall be setting up in church from 2 pm on the Friday, and welcome any help.

Please support the fair as it raises much needed funds for St Paul's.

Judith





## HOW WE CAME TO GRANGE – NO. 26

Let's start with an introduction: we are Dorothy Black and her son, Peter Begg. We moved up here in January, from Staffordshire.

Our connection goes back much, much longer than that, though. I first visited Grange-over-Sands as a very small child, on a family holiday. I was young enough to think that a pond full of colourful ducks was just about the most exciting thing that could happen to anyone.

Years later my parents, Hilda and Peter Black, moved up here from Cheshire. At this point, it becomes obvious that there are too many Peters in this story. We used to refer to them as Old Peter and Young Peter.

Soon after Hilda and Peter moved here my first child was born. My parents offered a much-needed opportunity to share her care. As my family grew, that support became even more welcome. We spent regular and frequent holidays here with them.

Hilda died and Peter carried on being an amazing grandfather. All of my children have such happy memories of staying up here. Most of them seemed to involve getting stuck in trees or wading too far into Lake Windermere. Naturally, Old Peter used to climb up or wade out and rescue them. Time passed and Young Peter grew old enough to visit by himself. The two Peters spent many happy days touring Cumbria by train.

As Old Peter grew older and frailer, we started visiting to care for him. His neighbours all introduced themselves, to offer support.

We began to appreciate living so close to the sea. We couldn't believe that our trips to the local supermarket involved a walk along the promenade, rather than the dreary walk along a ring road in Staffordshire.

Finally Old Peter died and we came up to sort out his house and sell it. During that time, I visited the Fell Church and was immediately welcomed. We both felt that we couldn't say goodbye to Grange, the neighbours, the church, the house and the promenade. So we didn't.

It was a huge change for us, but we appreciate the town more and more every day. We still can't believe the walk to the supermarket!

Dorothy



## Our Christmas Collection for the **Foodbank** Sunday, 24th November, 1-3 pm, St Charles

Christmas can be very hard for the people who use our service, so it would be good if we could give them some nice treats:

Chocolates/selection boxes, Christmas biscuits, Christmas cards,  
Christmas cakes/puddings, Christmas advent calendars

As well as the staple food items!

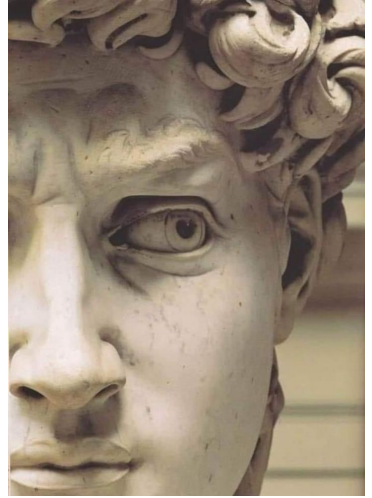
## CURIOUS ANECDOTE ABOUT THE NOSE OF MICHELANGELO'S "DAVID"

"David" is a marble sculpture created by Michelangelo Buonarroti between 1501 and 1504.

In 1504, as the famous sculptor completed this renowned statue, high-ranking officials of the Florentine Republic attended the inauguration to admire the over-4 m tall masterpiece. Among them was Pier Soderini, a notable patron of the arts.

Soderini, perhaps wanting to display his expertise, remarked to Michelangelo that, while "David" was beautiful, he believed the nose was disproportionate and suggested it be slightly reduced to enhance its artistic value. Michelangelo, known for his pride and sensitivity, refrained from reacting angrily to avoid causing a political incident. Instead, he devised a clever solution. He agreed to alter the nose but secretly collected marble dust and small fragments. Ascending the ladder with hammer and chisel, he pretended to chisel the nose while subtly dropping the dust and fragments. This created the illusion of modification. The spectators, convinced by the falling debris, believed the nose had been adjusted. Soderini himself declared the statue perfect after the "adjustment".

"David", a symbol of Florence, remains a masterpiece and a testament to Michelangelo's genius, which clearly needed no artistic advice.



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ST PAUL'S CHURCH GRANGE OVER SANDS

## Christmas

# Tree Festival 2024

Opening Reception

Thursday 5<sup>th</sup> December 7 pm

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the **Bay Community Singers &**  
pupils from **Grange Primary School Choir.**

**Mince pies and seasonal punch will be served**



St Paul's Church will be open daily from  
Friday 6<sup>th</sup> December – Friday 27<sup>th</sup> December  
10am - 4pm

Closed on Christmas Day and Boxing Day  
and for any Services

**Entry by voluntary contribution**

**Proceeds to chosen charities.**



# Stillness & Song

Sundays in 2024:

~~4<sup>th</sup> Feb, 7<sup>th</sup> Apr, 2<sup>nd</sup> Jun,~~

~~6<sup>th</sup> Oct, 24<sup>th</sup> Nov~~

6-7pm

at Grange Methodist Church

Quiet, reflection and song  
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### GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE

	2017	2018	2019	2020	2021	2022	2023	2024
January	98	142	73	107	186	58	174	<b>229</b>
February	91	69	99	<b>263</b>	139	<b>171</b>	42	161
March	162	60	<b>182</b>	75	134	48	173	134
April	15	98	39	12	12	40	84	<b>149</b>
May	75	37	52	26	101	68	34	<b>110</b>
June	<b>135</b>	19	91	99	30	79	87	63
July	126	33	134	169	70	80	<b>226</b>	111
August	86	108	180	<b>188</b>	63	78	143	176
September	177	133	177	66	62	112	<b>189</b>	154
October	172	131	160	165	<b>304</b>	158	144	118*
November	189	62	85	114	71	177	<b>227</b>	
December	109	<b>160</b>	155	126	153	162	<b>259</b>	
<b>Annual Totals</b>	<b>1,435</b>	<b>1,052</b>	<b>1,433</b>	<b>1,408</b>	<b>1,325</b>	<b>1,231</b>	<b>1,782</b>	<b>1405*</b>

\* = incomplete total till next month; bold = highest rainfall of that year

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*ST PAUL'S CHURCH,  
GRANGE-over-SANDS*

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*at 11 am*

*Charles Edmondson (Piano & Organ)*

*Light refreshments served from 10.30*

*SATURDAY 14 DECEMBER*

*at 2 pm*

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IN WORDS AND MUSIC*

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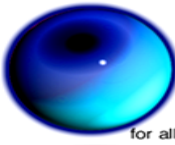
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Mike Hill	m.hill811@btinternet.com	33511

### Treasurer

John Millican	johnmillican1980@btinternet.com	32561
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Judith Mitchell	j.a.mitchell356@gmail.com	35664
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Please contact the Churchwarden

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Audrey Gorman	peterandaudrey2@btinternet.com	35209