

THE PARISH CHURCH OF  
SAINT PAUL  
GRANGE-OVER-SANDS



March 2022

£1



**Normal services at The Parish Church of Saint Paul**

**Sundays - 11.00 am - Parish Service**

**Wednesdays - 10.00 am - Holy Communion**

**and at The Fell Church, Grange-over-Sands**

**9.30 am Second Sunday - Matins (BCP)**

**9.30 am - Fourth Sunday - Holy Communion (BCP)**

**Fifth Sunday of the Month**

**United Service within the Benefice**



**ST PAUL'S MISSION STATEMENT**

Our mission is to **build confidence in Jesus Christ**  
in the **heart of the community** through **prayer,**  
**worship and learning, in joy and practical service**  
to the **wider world.**

**Team Rector**

**Rev'd Jonathan Brewster**

**Tel No**

**07977127244**

**Team Vicars**

**Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU**

**36261**

**Rev'd Jane Maycock - The Rectory, Longlands Rd, Bowness, LA23 3AS**

**015394 4306**

***Licensed Lay Readers in the Cartmel Peninsula Team Ministry***

**Steve Bell, Becksides Barn, Becksides, Cartmel, LA11 7SW**

**36789**

**Jenny Leahy, Studio, Mill House, Lindale, LA11 6LF**

**35979**

**Dianne Maguire, Cardrona Road, GOS**

**07951423789**

***Lay Reader Emeritus***

**Joyce Leach, Stoneleigh, 11 Highfield Road, GOS, LA11 7JA**

**35297**

**Visit our website [www.grangepcc.co.uk](http://www.grangepcc.co.uk)  
[www.facebook.com/StPaulsGoS](https://www.facebook.com/StPaulsGoS)**

Reflecting on the unfolding crisis in Ukraine, the Archbishops of Canterbury and York released a joint statement on February 24<sup>th</sup>: “Placing our trust in Jesus Christ, the author of peace, we pray for an urgent ceasefire and a withdrawal of Russian forces. We call for a public decision to choose the way of peace and an international conference to secure long term agreements for stability and lasting peace.”

On the same day Dr Robert Innes wrote on Twitter: “We wake this morning to the sickening sights and sounds of war. Praying for all in Ukraine, for all who are fearful of what lies ahead and for the minimum possible bloodshed. At a time of international crisis, please join me in praying fervently for peace in Ukraine and especially for the wellbeing of our little Anglican community of Christ Church, Kyiv (which meets in the German Evangelical Church of St. Catherine’s).”

It is truly devastating to see this all unfolding and to know the much longer term impact on everyone affected – in Russia, as well as Ukraine, and of course so many other countries, not least those receiving refugees.

There is a long history of debate about whether Christians can ever justifiably support or wage war. Being faithful to the God of peace in a world where many are intent on war requires that we “seek peace, and pursue it”. We cannot accept that war is just the way things are. As Jesus puts it in one of the Beatitudes, “Blessed are the peacemakers, for they will be called children of God”. From our relationships with one another to international conflicts Christians should be committed to peacemaking. In the Sermon on the Mount we are reminded by Jesus to “Love your enemies and pray for those who persecute you”. This means loving everyone without exception, enemies no less than fellow citizens.

Since there are no exceptions to the commandment to love, support for war could only be justified on Christian grounds if it could be shown to be a form of love, and love not just for our attacked neighbours but also for the attacking enemies. As Russian and Ukrainian forces engage in conflict, the international Christian community will be praying for peace and that if force is deemed necessary, modes of engagement will be examined and steps taken to maximise the justice of the way it is carried out.

You may find the following prayer helpful published on the Diocesan website:

*Lord Jesus you are the Prince of Peace,  
look upon our divided world  
to be with those who are victims of violence.  
We pray for the people of Ukraine  
and all who have been subjected to the cruelty of others.  
Help us to know the gift of peace  
in the power of your Spirit and  
we ask you to soften the hearts  
of those who can stop the fighting. Amen.*

## DATES FOR YOUR DIARY

**Ash Wednesday 2<sup>nd</sup> March - 10.00 am** - Holy Communion with the imposition of ashes, in St Paul's, Grange

**Friday 4<sup>th</sup> March** - World Day of Prayer, 2 pm, in the URC

**Saturday 5<sup>th</sup> March** - 10.00 am - 4.00 pm - PCC Away Day at Rydal Hall

**Wednesday 9<sup>th</sup> March** - 7.00 pm - PCC Meeting in St Paul's, Grange

**Friday 11<sup>th</sup> March** - First of the Churches Together Lent Lunches,  
12 noon-1 pm, at St Charles', with a short devotion time 1 pm-1.15 pm.

**Saturday 12<sup>th</sup> March** - Lent Quiet Morning - 9.30 am-noon at the Methodist Church,  
led by the Revd Sue Nicol

**Friday 18<sup>th</sup> March** - 12 noon - 1.15 pm - Lent Lunch at St John's, Flookburgh

**Friday 25<sup>th</sup> March** - 12 noon - 1.15 pm - Lent Lunch at St Paul's, Grange

## LENT LUNCHES

Fridays during Lent 12 noon - 1.15 pm

Including a short time of devotions

1.00 pm - 1.15 pm

Lunch will be offered in one of the Local Churches

Do come along and bring a friend for a simple soup & bread lunch  
with tea/coffee

Donations will be given to Charities

**Friday 11th March - St Charles, Grange**

**Friday 18th March - St John's, Flookburgh**

**Friday 25th March - St Paul's, Grange**

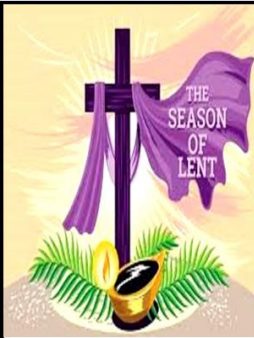
**Friday 1st April - Grange Methodists**

**Friday 8th April - URC, Grange**

## PLATINUM JUBILEE CELEBRATIONS BEING PLANNED

**Saturday 4<sup>th</sup> June** — an outdoor community event on St Charles' field or Methodist Church if wet.

**Sunday 5<sup>th</sup> June** — Ecumenical united service of celebration, 11am, at St Paul's church, Grange



# Parish of Saint Paul Grange-over-Sands

**MARCH 2022**

**SERVICES AT ST PAUL'S & FELL CHURCH**

*ASH WEDNESDAY 2nd MARCH*

**10.00 am** - Holy Communion with Ashing- St Paul's Church  
Rev'd Jonathan Brewster

*SUNDAY 6th MARCH - FIRST SUNDAY OF LENT*

**11.00 am** Holy Communion - St Paul's Church, Grange  
Rev'd Jonathan Brewster

*WEDNESDAY 9th MARCH*

**10.00 am** - Holy Communion - St Paul's Church, Grange  
The Venerable Penny Driver

*SUNDAY 13th MARCH - SECOND SUNDAY OF LENT*

**9.30 am** - The Fell Church, Grange - Lay-led  
**11.00 am** - Holy Communion - St Paul's Church, Grange  
The Venerable Penny Driver

*WEDNESDAY 16th MARCH*

**10.00 am** - Holy Communion - St Paul's Church, Grange  
Rev'd Nick Hallam

*SUNDAY 20th MARCH - THIRD SUNDAY OF LENT*

**11.00 am** - Morning Worship - St Paul's Church, Grange  
Lay-led with Jenny Leahy - 'Pioneering Ministry'

*WEDNESDAY 23rd MARCH*

**10.00 am** - Lay-led - St Paul's Church, Grange

*SUNDAY 27th MARCH - FOURTH SUNDAY OF LENT - MOTHERING SUNDAY*

**9.30 am** - Holy Communion - The Fell Church, Grange - Rev'd Jonathan Brewster  
**11.00 am** - Holy Communion - St Paul's Church, Grange - Rev'd Jonathan Brewster





## ELECTORAL ROLL

Under Church Representation Rules the 2019 Church Electoral Roll is being revised for the April 2022 APCM. This will be the third revision of the 2019 roll.

If you are not on the Electoral Roll and wish to be included, application forms are available in both churches. Forms must be completed no later than Sunday 4<sup>th</sup> April 2022. If you have changed address during the past year please notify Susan Jackson.

To be eligible for inclusion on the Electoral Roll, you must be at least 16 years of age, have been baptised, and if not resident in the parish, have habitually attended public worship in the parish during the period of six months prior to enrolment.

Please return completed forms to Susan or Mike.

Susan Jackson Electoral Roll Officer



### ARCHBISHOP OF YORK TO JOIN BISHOP JAMES' LENT WALK

The Archbishop of York will journey alongside the Bishop of Carlisle as part of a Lent Walk.

Bishop James is grateful to his Chaplain, Canon Cameron Butland, who has drawn up a 21-day schedule which will see him criss-cross Cumbria to spend time with and draw alongside

clergy in the Diocese throughout March.

The Lent Walk begins on **Thursday 3 March**, from the Diocese of Carlisle's Church House office in Penrith, concluding on **Wednesday 30 March** at Carlisle Cathedral.

On **Thursday 17 March**, he will be joined by the Archbishop of York, Stephen Cottrell, on his first official visit to the Diocese since enthronement. The pair will visit the Crosslacon Team (Cleator Moor, Cleator, Arlecdon and Frizington) and Ennerdale.

Bishop James said: "I very much look forward to welcoming Archbishop Stephen to the diocese and tasting some of parish life in West Cumbria. It will be wonderful to be able to walk and talk together – alongside clergy colleagues and others – and to reflect on the wonderful mission and ministry which is ongoing in church communities across the county through our ecumenical God for All vision."

## “RAIN” BY AN EXPERT

See the rain come sweeping from the west?

A moment ago all was sweetness and light

And ten minutes hence it will be again;

It's just like that, this type of rain.

Just as you think it's safe to venture out,

Back it comes, your personal water spout.

Living in the Lake District, I know

So many different kinds of rain.

Tasted them all, become a connoisseur,

Can recognise one drop from another.

The downpour, the deluge, horizontal  
stair-rods, all:

Showers that caress, and storms that maul.

Oh! The indiscriminate misery

Occurring when the rain sets in.

Pointless it is to wait indoors then.

A soaking's as inevitable as sin.

Dress for the weather! Don't let it beat you!

Who says, “Happiness turns up to  
greet you?!”

Worst of all is the vicious stinging

The vindictive, icy swingeing blows,

That set mothers cringing,  
children whingeing.

Dads say, “Lovely weather for frogs!” And

Then “Of course, it's what makes  
the Lakes.”

But the rain I love the best is that

Soft, warm muzzle we sometimes get.

Heavier than a mist, but still not a drizzle,

With ethereal light shining through,

It feels more like a benediction

Than anything else I've felt outside of  
four walls.

By *Christie Greaves*  
Sent in by *Kath Dodd*

## THE STORY OF THE DAFFODIL

### 300 BC - Greek origins

The first record of  
narcissi appears in  
Greek philosopher Theophrastus's *Enquiry  
into Plants*.



### 400AD - Roman remedies

Romans transport narcissi bulbs to Britain,  
believing the sap has healing powers.  
(It is actually an irritant.)

### 500-1500 - Easter traditions

Due to their early flowering period,  
daffodils are associated with 'rebirth' and  
become a popular feature of Easter  
celebrations.

### 1600 - Wilderness years

Cultivated gardens become popular but  
narcissi are considered too lowly to be  
included because they grow in the wild.

### 1800 - In vogue

As an appreciation of the natural world  
becomes more fashionable, the daffodil  
experiences a surge in popularity.  
Botanists start to classify the varieties and it  
is adopted as a symbol of Wales because it  
blooms on St David's Day.

### 1900 - Jobs for all

Areas of the countryside are dedicated to  
growing daffodils, providing employment  
for entire communities who box up the  
flowers to send them to the cities.

### 1939 - The demise ...

The 2nd World War '*Dig for Victory*'  
campaign leads to many 'daffodil farms'  
being rooted up to grow vegetables.

### 2020s ... and the rise

Our love affair continues with many 20<sup>th</sup>  
century daffodil fields being re-established.  
*(Extract from Country Living February 2022)*

## FROM THE REGISTERS

### WEDDING

19th February 2022

Benjamin Smart & Hannah Fleetwood

### BAPTISM

We were delighted to welcome Athena Esme Gardner, granddaughter of Dot Hadwin, into our Church family on 6th February 2022, when she was baptized during the morning service by Rev'd Jonathan Brewster

*“Born of Water  
and the Spirit”*

### BAPTISM ANNIVERSARIES

Edward James Harding

25th March 2018

### YEAR'S MIND

Ethel (Effie) Saunders

12th March 2017

Marjorie Rockcliffe

12th March 2019

Madge James

25th March 2019

Michael Charles McKeown

27th March 2019

Rita Hartley

11th March 2020

John Peat

22nd March 2020

Sylvia Entwistle

31st March 2020



*“In sure and certain hope  
of the resurrection to  
eternal life through our  
Lord Jesus Christ”*

*Only the deaths for the previous five years are included in the magazine, but each name in our*



### 2022 CHURCH CAR PARKING PERMITS

Application forms for 2022 Car Parking Permits are now available at the back of the Church. Prices are once again frozen at £45 for one car, and £65 for two cars.

**MAGAZINE SUBSCRIPTIONS** are due now for 2022. We are keeping the price at £1.00 per issue but are increasing the number of issues to 12 per year. We would appreciate annual subscriptions if possible. Please make payment in the Office. We hope you will feel the magazine provides good value for money.

**FOODBANK COLLECTION** - The next collection for the Barrow Foodbank will be on Sunday, 20<sup>th</sup> March, at the usual time and place, 1-3 pm, Father Magner Room, St Charles RC church. Items specifically requested this time include UHT milk and fruit juices; tins of spaghetti, rice pudding, custard; washing powder; toothbrushes and bars of soap. In January 432 people received food parcels, including 172 children. Please do think of them when you are doing your weekly shop.





## **CARTMEL PENINSULA**

At the Patronal lunch it was good to meet different parishioners and also we had the opportunity to tell Jonathan & Sarah about the history of the Cartmel Peninsula over a delicious lunch. A walk was arranged for Sarah and here we are at the Hospice on a cold sunny day where we can see all the parishes across the Peninsula, a magnificent view as always.

Judith Mitchell



## **AN INDIAN ADVENTURE – TALK BY JUDITH MITCHELL WEDNESDAY, MARCH 16<sup>TH</sup> AT 2.15 PM**

Prior to the pandemic I was all set to give a talk on our Tour of the Indian Hill Railways, a long-planned special retirement holiday, and now we can do it! Please come along for a little bit of Portillo's India, from sleeping on trains as we crossed the Punjab, to visiting the Taj Mahal, riding the Darjeeling Himalayan railway and visiting the Golden Temple of Amritsar. A little taste of a wonderful country that is India.

Indian sweets will be served along with tea/coffee, and with the chance to try on a sari!

Hope to see you there—please invite your friends.

Judith Mitchell



## CHURCH STEWARDSHIP

### THE GOOD NEWS AND THE NOT SO GOOD NEWS

The draft accounts for St. Paul's and the Fell Church for 2021 show some interesting statistics. Once approved by our Independent Examiner, the congregation and members of our churches will be asked to approve them formally at the Annual Parish Meeting in April but there is no reason to stop us considering one or two aspects now.

83% of our income comes from planned giving (Standing Orders and regular gifts through the numbered envelopes), the plate collections in church at Sunday and Wednesday services, and the associated government tax refunds which are available to us. This latter item amounted last year to £9,222, of which £8,795 was conventional Gift Aid (a refund which we claim in relation to the gifts of those members who pay Income Tax and sign for us the necessary declaration), and £427 was from the Government Small Donations Scheme which allows us to claim on contributions of £30 or less, irrespective of the tax position of the donor. So we claim on plate collections, gifts to the donation boxes in St. Paul's, and small gifts in our envelope scheme. Our thanks go to Chris Brown and John Millican who oversee all this.

The remainder of our income comes largely from legacies and donations, fund-raising activities (Fairs and Festivals), funeral and wedding fees, and sundry items.

The Parish Offer (£20,000 last year) is our major item of expenditure (taking 35% of income) and wages (organists and administrator), energy, insurance and building maintenance taking just over a further 35%. Our Parish Offer, which was recently as high as £56,000 p.a., goes to the diocese to help pay for the costs of clergy. In 2021, the cost of a full-time priest was £61,190 (covering stipend, National Insurance, pension, housing, training and removals/resettlement, etc.) so we are currently contributing less than a third of the cost of a priest. And, unless we substantially increase the amount we pay, it is difficult for us to plead with the Archdeacon and other diocesan authorities for additional clergy.

How does our Stewardship giving compare with that of other churches? Our average giving last year from each of our 73 committed givers was £9.79 per week, giving our churches £714.92 per week. The average giving in Carlisle diocese was £8.00 per week so we may congratulate ourselves on our generosity. But now the bad news: Carlisle was the 3<sup>rd</sup> lowest in giving of the 42 dioceses in England (only Lincoln and Hereford were below us). And the national average for each giver throughout the country was £13.50. In football terms, we are nowhere near the Premier League but rather closer to the bottom reaches of the Vanarama League.

For the curious, the figures are before any Gift Aid recoverable from a donation, the average is taken over 52 weeks (an actual year has 52.14 weeks) and it is not possible at a diocesan or national level to ascertain if a donation covers one or two persons (or more) attending church: one expects the giving from a couple to be around twice that of an individual donor.

We are extremely grateful to everyone who contributes. Certainly, without the Standing Orders and envelopes, we would have barely kept functioning during the Covid lockdowns and closures. The sobering facts are that our regular attendance has been falling in the last 6–8 years as has the number on our electoral roll, and the giving of £37,156 in 2012 is identical (give or take £19) to last year's sum.

What can we do about it? It perhaps seems churlish and insensitive to ask our members to give more deeply as cost increases hit us in our daily lives (with plenty more still to come), but many will receive pension increases in April if they have not already done so. Can we give more generously than hitherto? Are we giving sacrificially? Is everyone who pays a tax to our government allowing us to claim this back as Gift Aid? A check through the envelope scheme, which was designed and established to facilitate *weekly* giving, shows that some are not following the spirit of this method. Can this be improved?

Can we cut our costs around the church? We are looking but things are pretty “tight” at the moment in what we spend. Can we raise more at our events? We shall be examining everything over future weeks. But meanwhile, please think hard about what you as an individual ought to be giving to support the full and proper worship of Our Lord through your membership at St. Paul's and the Fell churches. If everyone followed suit, a small increase to your Standing Order or cash contribution would have a remarkable effect on our finances.

Mike Hill

## **WORLD DAY OF PRAYER**

**Friday, 4th March, 2 pm, at the United Reformed Church, Grange**

### **“I know the plans I have for you”**

An invitation is extended to everyone - men, women and children of all ages - to join this World Day of Prayer, which is an international, inter-church organisation that enables us to hear the thoughts of women from all parts of the world. The service this year has been prepared by the women of England, Wales and Northern Ireland. The United Reformed Church in Grange is host and on Friday, 4th March, we shall be joining people in over 120 countries across the world. Please come along and be part of the celebration.

Next year the women of Taiwan will be devising the service, with the theme ‘I have heard about your faith’.



## Grange Parish Church.

# LENT AND EASTER, 1938.

What a change in 30 years. Then—all the western nations accepting Christianity as the normal thing; now—men and nations openly turning away from Christ. How definite a challenge to Christians to know what the Faith is, to witness before men and to work for the Church of God.

These depend on the personal relations of each individual to God through Christ. Let us use the Lent together for a New Vision, a Release through penitence and forgiveness, a New Dedication in the power of the Holy Spirit.

Prayer, Almsgiving and Fasting have always been the marks of Lent. We will find a place for these three during the weeks before Easter.

B. D. LLOYD WILSON.

**On Sundays in Lent**, the Vicar and Mr. Nelson will give addresses on Modern Heroes of the Christian Faith, except on March 13th, when the Rev. T. COLUŠ, of the Waifs' and Strays' Society will preach at 11 a.m.

**Note—Mothering Sunday.** 4th in Lent, March 27th.

11 a.m. Rev. R. D. HUGHES, Vicar of Allithwaite.

2.30 p.m. Family Service with gifts of Violets.

6.30 p.m. Rev. CAMON SCOTTER, Vicar of Witherslack.

(P.T.O.)

## ASH WEDNESDAY.

*QUIET DAY.* BISHOP DANSON.

Holy Communion: 7, 8 and 11 a.m.

Addresses: 11.25 a.m. and 3 p.m. in the Parish Church.  
7.30 p.m. in the Fell Mission.

**Wednesdays in Lent**, beginning March 9th, at 3.15 p.m.

Addresses by the Vicar and Mr. Nelson on "*The Upper Room*."

**Thursdays in Lent in the Fell Mission**, 7.30 p.m.

The bus leaves the Crown Hill for the Fell at 7.3.

March 10—The ARCHDEACON of FURNESS.

March 17—Rev. E. R. ELLIS, Vicar of Heversham.  
"The Ten Virgins."

March 24—Rev. R. S. STOTT, Vicar of Matterdale.

"The Hidden Treasure."

March 31—Miss WATSON, of Carlisle. "The Lost Coin."

April 7—Rev. E. D. GREGORY, Vicar of Finsthwaite.

April 14—Rev. R. D. HUGHES, Vicar of Allithwaite.

"Cana of Galilee."

## HOLY WEEK.

**Holy Communion**, Monday, Tuesday, Wednesday, Thursday, at 8.  
Wednesday and Thursday, at 11.

**Evensong and Address**, 7.30 p.m.  
Monday, Tuesday, Wednesday, in Parish Church.  
Thursday in Fell Mission.

**Good Friday**, Matins and Ante-Communion, 10.30.

Three Hours: 12—3—Rev. TREVOR JONES, Vicar of Dalton.  
Evensong and Address, 8 p.m.

**Easter Day**, Holy Communion, 6, 7, 8, Noon, Parish Church.

9.30, Fell Mission. Children's Service, 2.30 p.m.

(P.T.O.)

A. WILKINSON, PRINTER, BRANDE.

## LENT AND EASTER 1938

I found the notice opposite between the pages of an altar prayer book in the Fell Church in which the vicar comments on all the changes that had taken place since the opening of Fell Mission 30 years earlier. What would he think about the vast differences which have since taken place?

The many ways in which the season from Shrove Tuesday to Easter Sunday as commemorated that year and the involvement of so many clergy and lay people seem incredible.

I wonder how many people attended Wednesday afternoons at St Paul's and Thursday evenings at Fell Mission. The Quiet Day in St Paul's on Ash Wednesday with three Holy Communion services and three addresses during the day is impressive. Then, Easter Day with five services of Holy Communion, the first at 6 am, and a Children's Service in the afternoon must have been very demanding for the Revd B D Lloyd Wilson.

There are many questions I'd like to ask which can never be answered: was that bus from Crown Hill at 7.3. a regular service bus, and at what time did it actually depart; did the Vicar of Matterdale travel all the way back home in the late evening in March; does the Waifs' and Strays' Society still exist; and when did Fell cease to be a Mission?

I don't suppose we shall ever return to such times but perhaps this notice might encourage us to try for a more meaningful period of devotion in future Eastertides.

Barbara Ramsden

## NATIONAL DAY OF REFLECTION

Churches are encouraged to play a part in a forthcoming National Day of Reflection on **Wednesday 23 March** - the two-year anniversary of the UK's first Covid lockdown.

The National Day of Reflection, coordinated by the charity Marie Curie and officially supported by the Church of England, is a special day to reflect together on loss and grief.

The focus of the day will be a minute's silence at 12 noon and churches are also encouraged to consider developing services on **Sunday 20 March** that detail the Day of Reflection – worship and prayer resources are provided to help further.





## No.23 - Howgill Church



Another marvellous country church tucked away on the western flanks of the Howgill Fells, and close by the fairly infant River Lune! Along some very narrow rural lanes, this tiny church can be found, but in all probability you would need an Ordnance Survey Map! It is best not to rely on 'Sat-Navs' in this area, since I'm told that they can lead you astray. Dead-end roads and cart tracks are numerous!

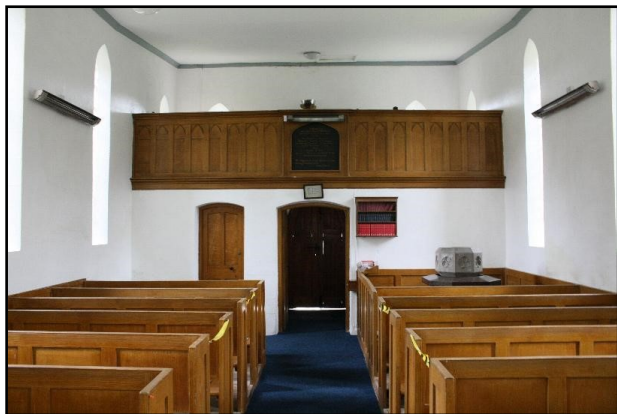
The photograph above shows the church from the south, and at the top of the hill behind one can espy the former school serving this very scattered valley community, maybe five or six miles to the north of Sedbergh. This, I believe, is probably the best approach to this church should you choose a fine and sunny day to go and explore. In my view, both the journey and outcome are most rewarding indeed.

Howgill Lane winds away from Sedbergh and, when the church comes into view, a left-hand turn is required but straight away there is a metal gate that might need to be opened! This is to keep sheep within their enclosed area. In fact, opposite the church the lane is unfenced and cars can simply pull on to the grassy verge for parking.

Howgill Church is dedicated to the "Holy Trinity" and was constructed and consecrated in 1838. It is possible that an older place of worship might have been here before, but what you see is what was built in that year, with no further changes since.

Once inside it certainly looks neat and tidy, with space for about 60-70 worshippers. The plastered and white-washed walls and boxed-type oak pews give this place an air of simplicity. It almost looks more like a non-conformist chapel. Perhaps the 19<sup>th</sup> century visits by preachers Fox and Wesley within this locality may have had some influence on the apparent plainness of the building. Or maybe simplicity was what was needed by folk in this valley to ensure that close relations and friendships remained among those in Victorian times who might wish to stray from the liturgy of the Church of England. Methodism was very strong in this area which at one time was part of Yorkshire.





Looking from the altar towards the rear of the church another beautiful singing gallery is evident, which, of course, releases further spaces for the congregation down below. Just underneath is the font, which it is believed came from elsewhere.

Although the apparent simplicity of the interior was evident, to me the real beauty and spirituality lie outside the

building. Here the tiny churchyard was immaculately cared for, with some wonderful examples of carefully clipped yew bushes. The close proximity of Chapel Beck to the graveyard means that on occasion the surrounding grounds and building can flood. On the day of my visit, the beck looked dormant and peaceful, no more than a far-sided trickle! But some locals in the churchyard told me not to be fooled! The water has damaged the stone boundary wall on numerous occasions and more than a foot of water entered the church during “*Storm Desmond*” in 2015. Fortunately, there was no real damage and the carpet-less building was just left to “dry out”.

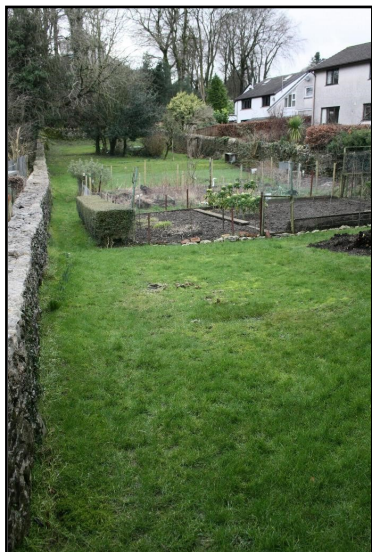


There appeared to be no real village community of Howgill, just a number of scattered farmsteads and outlying cottages, like the one on the opposite bank to the church, as seen in the photograph. It is quiet and peaceful. The Howgill Fells and this part of the Lune Valley are seldom visited by tourists as it is hemmed in by National Parks on either side. For solitude

and tranquillity, Holy Trinity Church here is lovely. A place of great peace of mind! Whilst I was there I sat on a bench in the churchyard and wondered about all the folk buried therein. Today their ancestors make a valiant effort to maintain their place of burials to ensure it looks its best and inviting. And....even their place of worship was in a really good condition. But I couldn't help wondering just how many folk today turn out for regular Sunday worship in such a remote place like Holy Trinity at Howgill.

Colin

## THE FELL CHURCH GARDEN



Readers of this magazine might like to know that the old dilapidated wooden shed just behind the Fell Church has now completely disappeared! In line with suggestions in several quinquennial inspection reports over many years, the old shed was finally demolished and the area grassed over. Last year Emma Bennie and friends plus Colin and Mike spent an evening dismantling the shed. The old rotten wood was taken away to the household recycling centre at Risedale, and we at St Paul's and the Fell Church are greatly indebted to Nigel Higginson for relaying bags of soil and turf to the base area where the shed had been. Here there used to be a hollow area of about one foot which has now been completely in-filled and looks today as if nothing was ever there. Beyond the grass is Trevor's allotment which is always kept in a great condition and

is well tended. Grateful appreciation is also afforded to Trevor for keeping the whole garden area behind the Fell Church looking so immaculate and well cut with his lawn mower. As you can see, there certainly is a very large tract of land here.

*(An appreciative member of St Paul's Church)*

*The photograph below shows the back of the Fell Church with the shed in position. Before the church was built this parcel of land was used as 'drying grounds' by the cottagers of higher Grange, and particularly by the laundresses employed to care for the fine linen from the large houses down in the town.*



## PRAYER

*Nevil has passed on some notes that his late wife Mary had prepared on 'Prayer' for a Mothers Union meeting, and we thought that it was worth printing them as a guide to our own prayer lives*



The reason we pray is simply that we cannot help praying. No tribe, however primitive, has been found whose people did not pray to such gods as they had. Prayer is not an acquired art, it is an instinct. When life is too much for us, when we are at breaking point, when our minds are troubled and our hearts are broken, then we pray.

All prayer begins from the fact that God is even more ready to listen than we are to speak to him. Prayer does not promise or achieve release from a situation, but it brings power and endurance to meet and overcome it. The basic mistake which so many people make about prayer is that they regard it as a means of escape from a situation; it is not, it is a means of conquest. The laws of life are not relaxed by prayer, but through prayer comes the strength and power to endure and overcome.

Many people who were taught to pray in childhood gradually over the years have drifted out of the habit. If that is so, they never learnt to do it the right way. They possessed a precious gift, but did not know how to use it. We need to be taught to use everything – how to drive a car, play a violin, use a computer, or to cook food in the right way to get the best out of it. Let us then look at some of the rules of prayer.

### **The 'rules'**

#### **1. We must be honest with God**

The great temptation in prayer is to become conventional, to pray in pious language for the things for which we know we ought to pray. But the truth is that at least sometimes no-one would be more shocked than ourselves if our prayer was granted.

#### **2. We must be definite**

It is not enough to ask God's forgiveness because we are 'miserable sinners'. We must name and confess our actual sins to God. Likewise, it is not enough to thank God for 'all his gifts' without naming the gifts for which we are giving thanks.

#### **3. Self-examination**

One of the great reasons why our prayers are 'not what they should be' is that so few people will face the stern discipline of self-examination on which prayer is based.

#### **4. God cannot grant a selfish request**

It may well happen that, if our prayer is granted, someone else may suffer, or that what we desire would deprive someone else of what they should have. No prayer which is forgetful of others can ever be answered as we wish it to be.



## 5. God knows best

In our ignorance we often pray for things which, were they given to us, would not be for our good. Because we are human beings we can only see the present moment. God alone sees all time and therefore can sometimes answer our prayer by *not* giving us that for which we ask.

## 6. God will not do for us that which we can do for ourselves

Prayer is not a means of evading our own responsibilities and of escaping our own work. No sooner have we prayed than we must set out to make our own prayers come true. When we do make that effort, God will answer. However, if we neglect our work and yet expect success, we will be sadly disappointed. Likewise, there is little point in praying that the 'sorrowing may be comforted and the lonely cheered' unless we ourselves set out to bring comfort and cheer.

## 7. Prayer moves within the natural laws which govern life

When we think about it, this is a necessity. Suppose a man accidentally falls from the 40<sup>th</sup> floor of a skyscraper, and as he passes the 20<sup>th</sup> floor he prays 'O God, stop me falling'. That prayer cannot be answered, because the man is in the grip of the law of gravity, and to suspend that law would put an end, not just to his fall, but to the world in general.

Finally, we have left the most important thing of all to last. We've been speaking so far as if prayer was always speaking to God. But prayer is not a monologue in which we do all the talking - prayer is listening even more than talking. The highest form of prayer is silence when we wait on God and listen to him.

We have a low view of prayer if we regard it as a way of telling God what we would like him to do for us. Prayer is listening to God as he tells us what he wants us to do. Prayer is not a way of making use of God, it is a way of offering ourselves to him in order that he can make use of us. It may be one of the great faults in our prayer life that we talk too much and listen too little.

*Mary Newman*



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## **The Methodists have produced a colourful leaflet ‘Let’s live Lent 2022!’**

What is Lent about? Chances are, if it means anything, to most of us it’s about giving things up, probably chocolate! But Lent is so much more than that—it’s about focusing on what is really important. That might mean taking up something new.

Here are some useful suggestions for each day of the week with its own theme, seven principles that are important in the Christian faith.

### **Sunday: Be thankful**

Being thankful isn’t about denying that there are things wrong in the world, but making sure we notice what’s good. Make a point of saying ‘thank you’ to someone ... and to God.

### **Monday: Connect**

The pandemic has disrupted our normal ways of connecting with one another. For many of us we need to consciously find ways to re-connect, maybe even re-learn some of the things that used to come naturally.

### **Tuesday: Create**

We are all creative beings, made in the image of God, who created everything! Perhaps this is why finding ways to express ourselves creatively can be so life-giving. How could you re-discover your creative streak?

### **Wednesday: Give**

God is described as a parent who loves to give good gifts. Can you remember the last time you gave a gift. There are so many ways to give – time, money, attention, love.

### **Thursday: Creation care**

We live in an incredible world. Earth is our one, God-given home, let’s look after it!

### **Friday: Notice**

When we are feeling anxious it can help to ‘ground’ ourselves – to notice what we can see and feel and hear. If we are always rushing on to the next thing, we miss what we already have.

### **Saturday: Self-care**

Saturday is the original day of rest, commanded by God. So let’s take time to slow down and remember what gives us life.

So, let’s count the days to Easter with new, hopeful habits that help us live well, feel better, and reconnect both with others and with God. Like an Advent calendar, but more life-enhancing than a daily chocolate!

## *Sunday Services around the Benefice*

March 2022	ALLITHWAITE	FLOORSBURGH	GRANGE	GRANGE FELL	FINSTHWAITE	HAVERTHWAITE	STAVELEY IN CARTMEL	FIELD BROUGHTON & LINDALE
Sunday 6 <sup>th</sup> March 1 <sup>st</sup> Sunday of Lent	9.30 am Holy Communion Rev'd Jane Maycock	10.00 am Morning Worship Lay-led	11.00 am Holy Communion Rev'd Jonathan Brewster	11.00 am Holy Communion Venerable Penny Driver	11.00 am Holy Communion by extension Dianne Maguire	11.00 am Morning Worship Lay-led	11.00 am Morning Worship Richard Rhodes	9.30 am Holy Communion Rev'd Jonathan Brewster
Sunday 13 <sup>th</sup> March 2 <sup>nd</sup> Sunday of Lent	4.00 pm Informal service of the Word Rev'd Jane Maycock	10.00 am Holy Communion Rev'd Jane Maycock	11.00 am Holy Communion Venerable Penny Driver	9.30 am Lay-led	9.30 am Holy Communion Rev'd Jonathan Brewster	11.00 am Morning Worship Lay-led	11.00 am Holy Communion Rev'd Jonathan Brewster	9.30 am Morning Worship Lay-led
Sunday 20 <sup>th</sup> March 3 <sup>rd</sup> Sunday of Lent	9.30 am Service of the Word Steve Bell	4.00 pm Service of the Word Rev'd Jane Maycock	11.00 am Morning Worship Lay-led	11.00 am Holy Communion Lay-led	9.30 am Holy Communion Vernon Ross	11.00 am Holy Communion Rev'd Jonathan Brewster	11.00 am Holy Communion Archdeacon Vernon Ross	9.30 am Holy Communion Rev'd Jonathan Brewster
Sunday 27 <sup>th</sup> March 4 <sup>th</sup> Sunday of Lent MOTHERING SUNDAY	10.00 am Joint Holy Communion At St John's Flookburgh	10.00 am Joint Holy Communion with St Mary's at St John's Flookburgh Rev'd Jane Maycock	11.00 am Holy Communion Rev'd Jonathan Brewster	9.30 am Holy Communion Rev'd Jonathan Brewster	United Service @ Haverthwaite	11.00 am United Service Mothering Sunday	United Service @ Haverthwaite	9.30 am Morning Worship Lay-led

## *wednesdays Clergy Rota – St Paul's Church, Grange*

March 2022	
2 <sup>nd</sup> March	Rev'd Jonathan Brewster
9 <sup>th</sup> March	The Venerable Penny Driver
16 <sup>th</sup> March	Rev'd Nick Hallam
23 <sup>rd</sup> March	Lay-led
30 <sup>th</sup> March	The Venerable Penny Driver

**There will be two services on Ash  
Wednesday, 2nd March**

- \* 10 am at St Paul's, Grange
  - \* 7.30 pm at St Peter's, Finsthwaite
- Both with the Revd Jonathan Brewster  
presiding



## A Prayer for Peace

Lord Jesus, you are the Prince of Peace,  
Look upon our divided world  
to be with those who are victims of violence.  
We pray for the people of Ukraine and all who have  
been subjected to the cruelty of others.  
Help us to know the gift of your peace  
in the power of your Spirit and  
we ask you to soften the hearts  
of those who can stop the fighting.  
Creator God, we ask for your aid as your children of light  
living in the darkness of our world. **Amen**

Following the Russian invasion of Ukraine, churches are encouraged to use the above Prayer for Peace which has kindly been produced by the Cumbria Ecumenical Spirituality Group.

The Archbishops of Canterbury and York have condemned the Russian attack as “an act of great evil” and are urging Christians to support a global day of prayer and fasting for peace on Ash Wednesday.

### THE NEW ZEALAND ANGLICAN LORD'S PRAYER

*Eternal Spirit, Earth-maker, Pain-bearer, Life-giver,  
Source of all that is and that shall be,  
Father and Mother of us all,  
Loving God, in whom is heaven:*

*The hallowing of your name echo through the universe!  
The way of your justice be followed by the peoples of the world!  
Your heavenly will be done by all created beings!  
Your commonwealth of peace and freedom sustain our hope and come on earth.*

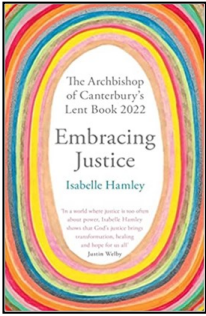
*With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.*

*For you reign in the glory of the power that is love, now and for ever. Amen.*  
- The New Zealand Book of Prayer | He Karakia Mihinare o Aotearoa

## BOOKS TO READ

### EMBRACING JUSTICE:

#### THE ARCHBISHOP OF CANTERBURY'S LENT BOOK FOR 2022



What is justice? It's a question we encounter everywhere in life and that over the last years has increasingly demanded an answer.

In *Embracing Justice*, Isabelle Hamley invites us on an exhilarating journey through Scripture to discover how we, as churches, communities and individual Christians, can seek and practise justice, even when enmeshed in such a fractured world.

Full of practical encouragement, the Archbishop of Canterbury's Lent Book for 2022 brilliantly weaves together biblical texts, diverse voices, contemporary stories, and personal and group meditations to reveal

liberating and imaginative ways in which we may grow in discipleship - and more fully reflect the justice, mercy and compassion of Christ in our lives.

With six chapters to take you from Ash Wednesday to Easter Sunday, this Lent devotional for 2022 is essential reading for anyone interested in the issues of justice - from climate and economic justice to gender and racial equality - that are increasingly at the forefront of global consciousness, and the role that Christians and the Church must play in them.

Suitable for use both as a single study for individuals and for small groups to prepare for Easter, *Embracing Justice* will encourage, inform and motivate anyone looking for Christian books about justice. It will help you understand justice from a biblical perspective, and inspire you to seek it in every aspect of your life.

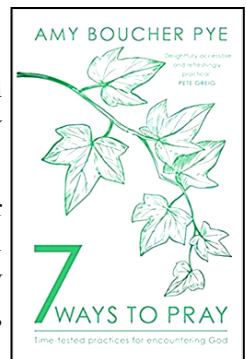
Although the world is broken, unequal and violent, the call to reflect God's own justice and mercy continues to sound like a steady drumbeat, impossible to ignore. Accompany Isabelle Hamley this Lent, and discover that we can all join God's mission of transformation and embrace his justice.

### 7 WAYS TO PRAY:

#### TIME-TESTED PRACTICES FOR ENCOUNTERING GOD

For Christians, prayer is the main way we communicate with God - but what can we do when we struggle with the question of how to pray or feel our prayer lives are lacking?

*Seven Ways to Pray* explores how by looking to ancient prayer practices of Christianity, we can find fresh ways to relate to God today. Discovering these tried and tested tools will not only strengthen our relationship with him but will bring us joy, contentment, growth and transformation.



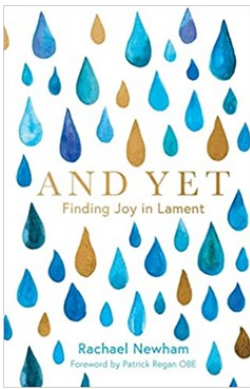
With warmth and encouragement, Amy Boucher Pye takes us through seven ways to pray to God: praying with the Bible, receiving and extending forgiveness, practising God's presence, listening prayer, the prayer of lament, praying with the gospels imaginatively, and the prayer of examen. Guiding us through their history, she shows us how easily we can make these prayer practices part of our lives and use them to grow closer to God.

Along with prayer exercises to help us engage directly with God, there are questions for individual reflection or small-group discussion, making *Seven Ways to Pray* perfect to use as a family, in churches or with friends.

This is a book for anyone who has ever wondered how to pray or is looking for ways to revitalise their prayer lives. It will give you an understanding of some of the oldest prayer practices of Christianity, and equip you with the tools you need to renew and refresh your relationship with God.

## AND YET:

### FINDING JOY IN LAMENT



In a life full of highs and lows, choice and challenges, the words 'and yet' can change everything. We are surrounded by darkness and yet there is light. We feel we are lacking and yet God provides. We are broken and bruised and yet there is hope.

In the depths of depression and plagued with suicidal thoughts, Rachael Newham never thought she'd find herself writing a book on joy. And yet, if her journey with mental health illness has taught her anything it is that true, deep, lasting joy can only be experienced when we allow ourselves to enter into lament and be honest about our pain before God.

With warm understanding, in this lovely Lent book for 2022 Rachael traces how Biblical writers used 'and yet' to bring together joy and lament and invites us to see them not as opposites, but two sides of the same coin. Drawing on her experiences with mental illness, she shows us how we can build a rhythm of both joy and lament into our lives both through the season of Lent and the rest of the church's year.

With reflections split over six sections *And Yet* is the perfect daily Lent devotional for 2022, but its undated readings can be used for periods of prayerful reflection throughout the year. This is a beautiful Christian book on lament ideal for anyone looking to better understand how the tradition of lament and joy work together, and how they can make them a part of their everyday spiritual formation.

We may be living in dark circumstances - and yet with a few simple practices we can experience joy in every season.



**ALBERT EINSTEIN ONCE WROTE ON A CHALKBOARD:**

- 9 x 1 = 9
- 9 x 2 = 18
- 9 x 3 = 27
- 9 x 4 = 36
- 9 x 5 = 45
- 9 x 6 = 54
- 9 x 7 = 63
- 9 x 8 = 72
- 9 x 9 = 81
- 9 x 10 = 91

Suddenly chaos erupted in the classroom because Einstein made a mistake. Obviously, the correct answer to  $9 \times 10$  isn't 91. And all his students ridiculed him.

Einstein waited for everyone to be silent and said:

"Despite the fact that I analyzed nine problems correctly, no one congratulated me. But when I made one mistake, everyone started laughing. This means that even if a person is successful, society will notice his slightest mistake. And they'll like that. So don't let criticism destroy your dreams. The only person who never makes a mistake is someone who does nothing."

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	2015	2016	2017	2018	2019	2020	2021	2022
January	154	141	98	142	73	107	186	58
February	76	125	91	69	99	263	139	144*
March	110	107	162	60	182	75	134	
April	46	72	15	98	39	12	12	
May	165	32	75	37	52	26	101	
<b>June</b>	<b>34</b>	<b>185</b>	<b>135</b>	<b>19</b>	<b>91</b>	<b>99</b>	<b>30</b>	
<b>July</b>	<b>69</b>	<b>113</b>	<b>126</b>	<b>33</b>	<b>134</b>	<b>169</b>	<b>70</b>	
<b>August</b>	<b>112</b>	<b>168</b>	<b>86</b>	<b>108</b>	<b>180</b>	<b>188</b>	<b>63</b>	
September	29	118	177	133	177	66	62	
October	60	31	172	131	160	165	304	
November	246	118	189	62	85	114	71	
December	352	65	109	160	155	126	153	
<b>Annual Totals</b>	<b>1,453</b>	<b>1,275</b>	<b>1,435</b>	<b>1,052</b>	<b>1,433</b>	<b>1,408</b>	<b>1,325</b>	<b>202*</b>

*\* means incomplete total till next month*

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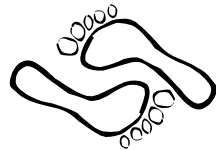
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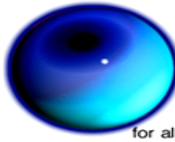


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<b>Deputy Wardens</b>	
Vacant	
<b>Treasurer</b>	
John Millican, Ruslands, Cat Tree Road, GOS LA11 7EB	32561
<b>Parish Safeguarding Officer</b>	
Judith Mitchell, Silverdale, Highfield Road, GOS LA11 7JB	35664
<b>Fell Church</b>	
Please contact the Churchwarden	
<b>Parochial Church Council Secretary</b>	
Rosemary Hoyle, 8 The Croft, Flookburgh, LA11 7NF	58108
<b>Team Office / Parish Administrator</b>	
Linda Brown	35560
Tue, Wed & Thur - 10.00 am-12.30 pm Fri - 9.00 am - 1.00 pm	
<b>E-mail</b> - <i>stpaulschurchgrange@gmail.com</i> or <i>cptmoffice@gmail.com</i>	
<b>Address</b> , Team Office, St Paul's Church, Church Hill, Grange over Sands LA11 6BD	
<b>Magazine Co-ordinator</b>	
Penny Ward, The Boulders, Charney Well Lane, GOS LA11 6DB	33243
<b>Children's Society Local Secretary</b>	
Judith Mitchell, Silverdale, Highfield Road, GOS LA11 7JB	35664
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Chris Brown, 18 Winfield Gardens, Allithwaite, LA11 7DF	015393 24015
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Team Office	35560
<b>e-mail</b> - <i>stpaulschurchgrange@gmail.com</i>	
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